

NEW OPEDIX KNEE SUPPORT SYSTEM™

**New Wellness Gear™ Includes Technical Knee Support Systems™
Lab Tested and Proven to “Unload” Pressure From Knees**

Vail, CO – Taking proven knee bracing theories and technology and applying them to general wellness and injury prevention, Opedix has developed a line of Wellness Gear™ that helps keep active people enjoying the things they love to do longer. Nothing embodies this sentiment better than the new Knee Support System. Designed specifically to “unload” the knee joint during knee-action activities such as skiing and running/walking, the S1 and R1 models comfortably help keep the knee positioned correctly, improving stability and function, and reducing the stresses on the knee joint that can cause pain and do long term damage.

Tested and proven effective at the world-renowned Steadman Hawkins Sports Medicine Foundation, the Opedix Knee Support System combines bracing technology, fabric technology and comfort into a piece you’ll want to wear every time you exercise.

When the foot makes contact with the ground during physical activity, the forces exerted want to push the knee joint to the outside, creating wear points on the inside of the knee joint, where the most of the “load” is borne. Using proprietary fabrics designed specifically for comfort and support, the Opedix Knee Support System utilizes a patent-pending anchor and sling design to provide support to the outside of the knee, which reduces the amount of damaging outward movement and decreases the stresses or “load” on the knee joint. “Unloading” is the mechanical process by which stresses on the joint are reduced, and is an established strategy for reducing pain, increasing function, strength and stability of the knee joint, and mitigating the progression of knee related issues, including osteoarthritis.



The Opedix Knee Support System S1 and R1 models also use compression as a stabilizing force, and to keep muscles fresher longer. The underlying tights are breathable, moisture wicking, anti-bacterial/microbial, machine washable and comfortable.

“Certainly people with knee problems will appreciate the Opedix Knee Support System, but they’re also designed to be preventative. They’re for any active person who cares about their knees and understands that they need to be taken care of to last as long as possible,” said Kim Gustafson, founder of Opedix. “Every knee-action activity, including skiing, running, walking, aerobics, etc. can benefit from wearing the Knee Support System. Even *walking* creates thousands of pounds of load on your knees every mile,” Gustafson continued.

The Opedix Knee Support System is available in men’s and women’s ski, snowboard and running/walking specific styles. The S1 and R1 models are also available in lightweight and midweight fabrics for comfort in any climate.

Opedix is an Official Supplier to the National Ski Patrol and all Opedix products are designed, sourced and manufactured in the USA.

Longworth Industries is the exclusive manufacturer and distributor to retail for Opedix Wellness Gear™.

Opedix designs and produces Wellness Gear™, products to keep active people active and doing what they love to do for longer in life. Opedix manufactures lab tested, Evidence-Based Apparel™, offering real, non-surgical options for increasing joint efficiency and strength while decreasing pain and the degenerative effects of misaligned knees and poor posture. For more technical information, log onto <http://www.opedix.com> or contact Alli Noland, Terra Public Relations, 307-699-4572 or alinoland@gmail.com.